

# PRESENTATIONS

**Kathy Murphy BVetMed, DPhil, CVA, CLAS, MRCVS  
and Bobbie Bhambree CDBC, CPDT-KA**

## **The Resilience Rainbow: A Framework for Behavior Modification and Training Plans to Help Build and Maintain Resilience**

Resilience is an individual's ability (human or dog) to recover quickly from, and resist, the negative effects of stressful events, situations, and conditions. It is a positive adaptation or "bounce back ability". Whether a professional in the behavior field or a competitor of dog sports, we must consider resilience when creating training programs or addressing behavior issues. Most dogs around the world no longer live quietly by the fireside, roaming open spaces, without restrictions; and as society continues to change, our cities get busier and our lives more hectic, it's not only humans that benefit greatly from an ability to adjust and adapt.

Neuroscientist and veterinarian, Dr. Kathy Murphy, and Certified Dog Behavior Consultant, Bobbie Bhambree, discuss the framework they developed for creating individualized resilience conditioning plans or schedules. What are the seven domains of resilience conditioning and why are they essential for our dogs and our training plans? What interventions and exercises are most effective in building resilience? How do they help, and how can you implement them?

1.5 hours

**Leslie McDevitt MLA, CDBC, CPDT-KA, TAGteach Level 2**

## **What's on Leslie's Mind?**

Wondering what's been on Leslie's mind lately? Leslie will be passion-talking about a few topics she's been thinking a lot about, including how the concept of agency and the Degrees of Freedom model work in Pattern Games, and how to use eating-related behaviors such as Lick, Sniff and Forage to access the nervous system.

1.5 hours

**Danielle Beck MSc Registered Clinical Animal Behaviourist**

## **Meerkats Unleashed!**

Using pattern games to help dogs control their meerkat. In this presentation, Danielle will guide us through how the power of the pattern can be used to help our dogs to control their meerkat, particularly those dogs that have been impacted by trauma.

What does a meerkat have to do with dog training and behavior? The meerkat is an analogy developed by Danielle to help canine caregivers understand how the brain affects your dog's behavior. The meerkat represents the parts of the hindbrain. Often our dogs react so quickly we lose control, they're like a different dog and treats just don't work. This emotional "high jacking" is the meerkat and she can show you how to control the meerkat so you can train your dog.

1.5 hours

## **Hannah Branigan**

### **Bounce Back Plans Unleashed**

Everything is going as planned while working with your dog, but then *something* happens to derail you. Do you just need a quick regroup, do you need to step away from the skills work and address the emotions and environment, or do you need to evacuate and run? Hannah discusses how to develop contingency plans and training for recovery so that you don't start down the path to feeling out of control (either dog or human).

1.5 hours

## **Julie Daniels CCUI**

### **Unleash the Scenic Route! Variety over Difficulty**

Variety is more than the spice of life. It's the best and fastest training route to performance reliability. Vary your variables from the beginning and you can get to full competence through fun and games rather than through ever-increasing levels of difficulty.

1.5 hours

## **Samantha DeJong CTB.ccs, IPDTA-CDT, CCUI**

### **CU Under Pressure: Competing & Performing at Big Events**

Samantha discusses our journey using Control Unleashed games to go from being complete dog sport newbies to performing at big events, and from building confidence and motivation as puppies to creating the predictability and resiliency required to withstand the pressure of big stages.

1.5 hours

## **Merissa Dubraque-Kreidler CPDT-KA, KPA CTP, CCUI, CCMT**

### **Sniff Spot**

Does your dog need a break? Do you? Come visit Merissa Dubraque-Kreidler at our Sniff Spot! For dogs that are new to scent games, we will hide yummy snacks (hot dogs, cheese, etc.) for them in the boxes. For dogs that are pros, we will hide your choice of birch, anise, or clove (or a cocktail of all three) for your dog. Is Barn Hunt something you are curious about? We will have rats and tubes there as well! Either way, it's a chance to relax, play with your dog, and try something new!

30 minutes

## **Lorenzo JW Fox FDM, SAPT, PDT, Fear Free Trainer**

### **Expect the Unexpected: CU with Non-Food Reinforcement and Co-Regulation**

Health issues, chronic elevated stress, and learning history can all leave us a bit stumped when we can't train with food. Let's talk about building resilient patterns with functional reinforcement, environmental cues, and the anticipation of novelty. Additionally, learn some tips on helping clients advocate for their dogs' health and physical welfare as an essential component of shaping resiliency.

1.5 hours

## **Paul Grosart CPDT-KA, IAABC-ADT, CCUI**

### **CU in Public: Building Resilience in Public Access Training**

Get perspective on ways to use Control Unleashed games to foster resilience in service dog teams. Paul will break down common games used for public access training, explore creative strategies for handling tough situations, and problem solve fading out games as teams progress.

1.5 hours

## **Jessica Hekman DVM, PhD**

### **Probiotics for Behavioral Health**

Probiotics are starting to be recommended by veterinarians to help manage behavioral issues in dogs, either as support in addition to behavioral medication or just on their own. Are they actually effective? How could adding bacteria to the GI system affect the brain? How long term must they be given? What changes might you expect, and what diagnoses are they helpful for?

Are there side effects? What's the best brand to buy, or can you make your own? Join Jessica, a research scientist who specializes in the biology of behavior, for a deep dive into the crazy new findings coming out about probiotics and behavior in dogs.

1.5 hours

### **Angie Madden CPDT-KA, CCUI**

#### **Unleash Resilient Thinking**

You've learned the games. Now what? Many people struggle with applying CU to tackle real life challenges. Learn how to take the overall picture, separate out the different components, and reframe it for your dog. Resilient thinking is responsive, fluid, and flexible.

1.5 hours

### **Blythe Neer CDBC, CNWI, CSAT, CPDT-KA, CCUI, Fear Free Trainer**

#### **I CU Tasking: Using CU to Train Service Dog Tasks**

Learn how to train service dogs to perform tasks for their disabled handlers using your favorite CU games. You'll learn how to use games like mat work, take a breath, and superbowls to teach and perfect tasks like pressure therapy, finding an exit or chair, medical alert, and more.

1.5 hours

### **Sarah Owings CTP**

#### **Lessons in Resilience: What My Cows Teach Me**

Sarah discusses how to nurture organic start buttons and build context cues that mean "you are safe now." She also talks about all the ways cows are naturally resilient in ways that teach us some good lessons.

1.5 hours

### **Kim Palermo CPDT-KA, CCUI, Level 1 TagTeacher**

#### **Unleash a Pattern Upgrade: Building Resilience into Your Patterns**

Patterns are the foundation on which habits are built. There are many small changes that you can make that will improve your dog's fluency in, confidence with, and commitment to their patterns.

By presenting how to focus on handler mechanics and aids, maintaining optimal arousal, and introducing Free Work into your training, Kim will help you create a fresh, solid foundation of patterns that will build habits for yourself and your dog that are strong, self-regulating, and resilient.

1.5 hours

### **Adam Skandarani CCUI KPA-CTP**

#### **CU on the Road for Creating a Resilient Travel Companion**

Do you have a dog who you'd love to take with you on all your travel adventures? Did you know that temperament, resilience, and skills are involved in creating the perfect conference buddy? Join Adam as they discuss the steps they take to create a happy and compatible travel companion who you can take to conferences or vacations—even by plane!

1.5 hours

### **Laurie C. Williams BA, CCUI, Fear Free Certified, CDTI**

#### **Implementing CU in Your Manners Classes: As Easy as 1-2-3**

Laurie will be livestreaming directly from one of her manners classes so you can see how she incorporates CU into a basic manners program curriculum from puppy to adult sport dog.

1.5 hours

# WORKING LABS

**Kim Palermo**

## **Look at That**

Kim will coach you and your dog through the process of teaching the wonderful skill called “Look at That” or LAT. She will take a two-pronged approach, beginning with teaching your dog the skill of “looking at something” in order to earn reinforcement. Once that skill is in place, you’ll use a training sequence with a helper that will demonstrate to your dog that they can use this new skill with stimuli in the environment. The goal will be that you’ll have a thorough understanding of the steps to teaching LAT to bring home and generalize to real world applications.

1.5 hours

**Kim Palermo**

## **Creative Reinforcement Strategies to Apply to Your Patterns**

There are a number of different ways that you can reinforce your dog with food rewards that will help to lower arousal. This lab will allow you to experiment with these strategies to determine the best fits for your dog, while practicing (or learning) some of the most useful CU patterns. Kim will use concepts from ACE Free Work to create a reward system for your dog that is emotionally and physically comforting for both you and your dog!

1.5 hours

**Angie Madden**

## **Take a Breath**

Taking a deep breath helps calm your body and mind because it stimulates the parasympathetic system (the system that takes over when we are at rest). Likewise, taking a breath (TAB) can do the same for your dog.

1.5 hours

**Angie Madden**

## **Requested Approach Training**

Do you have a dog who struggles with triggers approaching them? Learn how to put your learners in the driver's seat of their own counter conditioning using these protocols.

1.5 hours

### **Blythe Neer & Paul William Grosart**

#### **We CU Accommodating: Modifying CU Concepts for Disability and Environment**

No food on the floor? Mobility limitations? Dropped leash protocols? Join service dog trainers Blythe and Paul for an interactive workshop on errorless learning in service dog training. Through this hands-on problem-solving session, participants will learn how to adapt games based on common scenarios and limitations. Get real-time guidance as you apply strategies for breaking down the components of CU games, ensuring a seamless and effective training experience for service dogs and their handlers.

Participants: Handlers should have moderate experience with a variety of CU games and be able to split games into small steps. Dogs signed up for the lab should have experience learning in public settings and be able to work alongside or within leash distance to other dogs without the use of barriers.

1.5 hours

### **Adam Skandarani**

#### **Red Light, Green Light**

Join Adam as they take you through their favorite ways to help dogs go from peaceful rest to being ready for action through attention and connection games inspired by Control Unleashed.

Participants: Dogs should be non-reactive and have basic mat work skills.

1.5 hours

### **Julie Daniels & Kim Palermo**

#### **Give Me a Break**

Give Me a Break (GMB) is a pattern game that helps dogs learn how to relax and focus. If your dog is uncomfortable or unable to work off lead around other dogs, easily distracted and has difficulty concentrating, or gets easily aroused in trial situations, GMB will be a very useful tool.

1.5 hours

## **Leslie McDevitt**

### **LATTE**

Leslie has taken her always popular and always powerful Look at That game and added a new twist: LATTE, which stands for Look at That Then Enrichment. Treat your dogs to a relaxing counterconditioning experience in an enriched environment that encourages them to lick, sniff, chew, and decompress while playing a *sloooowed* down version of your favorite game.

1.5 hours

## **Julie Daniels**

### **Chair Games**

What's with CU and chairs? Leslie always said chairs are everywhere at dog events so it's important for our dogs to feel safe around them. We want our dogs to think good thoughts about people sitting in chairs, getting up from chairs, moving chairs around, etc.

When I go to a dog event, setting up my chair is establishing my home base, and that's how I look at this game for my dogs, too. The chair is a touchstone. The dog learns that each venture out to a target in the environment will be followed by a return to the chair, the safe personal space. So the concept of Chair Game is to use the chair as our dog's home base, that's the foundation concept.

From there we expand the distance from the chair, complicate the path back to the chair, manipulate the challenges in the environment, and even substitute what constitutes our chair. The bumper of my car is my favorite 'chair' as I progress this pattern into the big world away from home. The all-important feelings of safe space expand out from the chair as you learn and practice the Chair Game pattern.

1.5 hours